

**A  
PLACE  
WHERE  
PEOPLE COUNT**

# ABACUS

## WHAT IS ABACUS?

Abacus is a rehabilitation program serving adults with mental disorders, including those with a co-occurring disorder of mental illness and substance abuse. Through Abacus, consumers work toward achieving their full potential in their living, learning and working environments while maintaining maximum independence and dignity.

### PRINCIPLES ABACUS SUPPORTS:

- Recovery is an expectation.
- Consumers guide Abacus services through active participation in individual goal setting and program planning.
- Quality rehabilitation services can assist people with serious mental illness attain their potential.
- Mental illnesses are brain disorders with symptoms people can learn to manage.
- Maximum community integration in social and vocational activities benefits both the participants and their communities.
- Fellowship and support activities are basic to rehabilitation.

## ILLNESS MANAGEMENT and RECOVERY PROGRAM

Offers opportunities for skill development and education to enhance recovery as follows:

### SKILL DEVELOPMENT

- Social and interpersonal
- Illness management
- Problem solving
- Daily living
- Health and fitness
- Nutrition and meal preparation
- Community integration
- Recreation and leisure
- Education about mental/emotional disorders
- Substance abuse and chemical dependency recovery

### EDUCATIONAL CLASSES

For example:

- Symptom Management & Recovery
- Social/Communication Skills
- SSDI/SSI Benefits & Work
- Assertiveness Training
- Tobacco Cessation
- Money Management
- Anger Management
- Managing Bi-Polar Symptoms
- Communicating with Your Health Care Provider

## SUPPORTED EMPLOYMENT PROGRAM

Offers services to assist people get and keep competitive jobs, including:

- Career planning
- Vocational counseling
- Assessing vocational strengths
- Work incentives counseling
- Job search assistance
- On the job training
- Support to maintain employment

## VOCATIONAL PROGRAM

Offers supported education and rehabilitation services as follows:

### SUPPORTED EDUCATION

- Career planning
- Assistance applying for financial aid
- Connect and coordinate with supports offered by educational institutions
- Provide educational supports

### REHABILITATION SERVICES

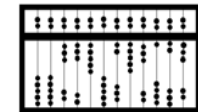
- Assessment, treatment & rehabilitation on community-based work crews

## HOW TO ENTER ABACUS

Entry begins with an intake interview at the Yamhill County Mental Health Clinic. Following the Mental Health intake, contact Abacus for an orientation to Abacus services. Abacus staff will work with the client and the Mental Health Clinic staff to identify goals and suitable services. Friends and family may participate in the service planning.

## FEES

Insurance or another payer will be billed, or an individual fee will be set based on ability to pay.



## ABACUS

Mailing Address:

627 NE Evans, McMinnville, Oregon 97128

(503) 434-7523

Program Location:

625 NE Galloway, McMinnville, Oregon 97128

Abacus Program Manager: Craig Hinrichs

e-mail: hinrichc@co.yamhill.or.us

**YAMHILL COUNTY  
MENTAL HEALTH  
PROVIDES A NETWORK  
OF SERVICES  
FOR THOSE WITH MENTAL  
ILLNESS**

**Abacus**

**Evaluation**

**Case Management**

**Medication Management**

**Independent Living Assistance**

**Crisis Intervention**

**Respite Care**

**Counseling**

**Education**

**Consultation**

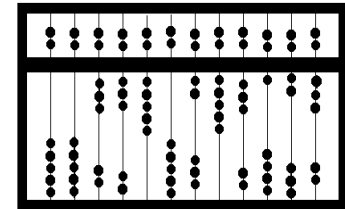
**Yamhill County Mental Health  
627 NE Evans  
McMinnville, Oregon 97128  
(503) 434-7523  
8:30 a.m. to 5:00 p.m.**

**Human Services Director: Chris Johnson**

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# ABACUS

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**Serving People with Mental Disorders**

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**A Program of Yamhill County  
Health and Human Services Department**